

Sustrans Bike It Update

Bike It Winner during National Road Safety Week



Sustrans Regional Bike It project supported National Road Safety Week in November through its Safe Cycling Poster Competition. Entries came from six local schools, with each school winner receiving a new bike helmet. The regional winner (above) was drawn by Arabella (aged 6) from St. Teresa's Catholic Primary School. She won a brand new bike. You can't get a better Christmas than that now can you?

Young Cyclists Defy the Freeze

Despite the exceptionally cold weather young cyclists from four schools raced to Lapland (virtually of course!) in the Bike It Christmas Virtual Bike Race. The winning school was Aldington Primary who completed 52 cycle journeys over ten bitterly cold days. The Bike Crew accepted a prize bike which the school will use for Bikeability training and for its British Cycling Go Ride Club



About Sustrans

Sustrans is the UK's leading sustainable transport charity. Our vision is a world in which people choose to travel in ways that benefit their health and the environment. Every day we are working on practical, innovative ways of dealing with the transport challenges that affect us all.

About Bike It

Sustrans' Bike It project enables thousands of children to cycle to school every day. It helps schools highlight cycling in their travel plans; supports cycling champions; and proves cycling is a popular choice amongst children and parents. It equips children with the skills they need to cycle, and parents with the peace of mind to let them.

Each Bike It officer works with schools to create a pro-cycling culture that then sustains itself – with support schemes like the Bike It School Mark in place to continue the project's benefits.

Bike It is made possible with the support of the Bike Hub and also funding from organisations including the Big Lottery Fund, Transport for London, Cycling England, the Welsh Assembly Government, NHS Primary Care Trusts and local authorities. Locally it is funded by Kent Highway Services and Canterbury City Council

To find out more, visit:
www.sustrans.org.uk/bikeit

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Phoenix Year 6 students repair a puncture

Bike It Vital Statistics for term 1/2 2010:

- 24 schools in Ashford and Canterbury now on the project
- 11 schools awarded Bronze School Mark
- 4494 instances of pupil contact
- 348 instances of staff contact
- 46 instances of parent contact
- Top primary bike count: 63- Beaver Green Community Primary on a cold *Bike It Monday* and Dr. Bike Day
- Top secondary bike count: 90- The North on just a normal overcast day

We'd love to hear from you...

Sustrans Bike It officer for Ashford and Canterbury is David Robert. Contact David on 01223 628001, mobile 07824 399126 or send him an email: david.robert@sustrans.org.uk

Phoenix Community Primary gets creative about cycling

Year 6 Phoenix students are making their own local cycling map as part of a Creative Partnerships project. The project has so far enabled every class member to pass their Bikeability Level 2 On-road Cycling Award, training with Cycle Circle. Additionally each student undertook a cycle maintenance course run by Sustrans Bike It and Cycle Circle and was given a free puncture repair kit. They are now ready to get out on their bikes and get to know the local area so they can produce their very own cycling map for local young people. The mapping work, supported by Kent Highway Services, will call upon the class's IT, numeracy, literacy and team building skills, not to mention the benefits of being out on their bikes.

Cycle Shelter fit for an Environment Centre

Terra Perma have started work on a revolutionary cycle shelter at the Singleton Environment Centre, where the Sustrans Bike It office is based. Financed by Sustrans and Ashford Borough Council the shelter is built from natural and recycled materials. It uses some modern eco-innovations such as a green roof, straw bales and living walls thus serving as a habitat for wildlife. Interested in one at your school? Then get in touch.

